2009 New England LMSC Short Course Yards Championship

	March 21 & March 27-29, 2009, Harvard University, Boston MA		-
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Marc			-29, 2009, FIALVALU OTHVEISILY, DOSION IVIA LMSC for USMS, Inc.: Sanction Number 040-002-SSCY	Enter this meet online: http://www.meetresults.com/nelmscscy/	
n between mi	nutes and secon	nds.	Name:	Sex: Male Female	
each event en	tered.		Emergency Contact Name and Phone:		
	Entry Time	No.	Age on 3/29/09 DOB: Pho	ne:	
00 and 1650	Men		E-Mail:		
warm up,	9:00am st	art	Address:		
ep End		2A	2009 USMS Number:		
low End		2B	New England Masters-Workout group:		
ep End		4A		y Masters West Side SC	
low End		4B	Note: If you are a member of NEMSC and are not sure of the go to the meet web site (listed below) to find the official na		
	:00am stai		Other club name: LMSC:		
al Medley		6	Note: If you are not a member of the New England LMSC y	ou must attach a copy of your	
stroke		8	2009 USMS card to this form.		
estyle		10	ALL INFORMATION IS REQUIRED FOR AN		
terfly		12	INCOMPLETE FORMS WILL BE ASSESSED A	\$5 PROCESSING FEE.	
tstroke		14	Save a stamp! Submit your entry online: http://www.	meetresults.com/nelmscscy/	
le Relay	N/A	16,17	Shallow-End 1650 and 1000 Freestyle: Swimmers who	antar the shallow and 1650	
varm up,	9:00am st	art	or 1000 freestyle (events 1B, 2B, 3B, 4B) agree to swim t		
yle-Men		18	with an in-water start. Shallow-end 1650/1000 entries ma		
terfly		20	Meet entry fee = \$ 20.00		
estyle		22	# Individual events X \$5.00 = \$	Mail To:	
y Relay	N/A	24,25	Shallow end 1650/1000 (\$2 credit) = \$ Total (payable to Cambridge Masters SC) = \$	NE LMSC SCY Entries	
stroke		28	No refunds will be issued for any reason.	PO Box 380782 Cambridge, MA 02238	
al Medley		30	ENTRY DEADLINE	nelmscscy@meetresults.com	
stroke		32	Entries must be postmarked by February 17, or received by February	ary 20.	
le Relay	N/A	34,35	MEET SIZE CAP: The meet will be FULL at 750 swimme	ers. All entries received by the regular	
arm up, 9	9:00am sta	art	entry deadline will be accepted. LATE ENTRIES will be a		
e-Women	N/A		LATE ENTRIES: If you miss the entry deadline above, an		
al Medley		40	FULL, you may submit an entry form with an additional \$2 must be received by 6pm, Friday March 13, and <i>must</i> inc		
erfly		42	RELEASE: I, the undersigned participant, intending to be legally bound, hereby certify that I ar		
inscored)	N/A	44,45	physician. I acknowledge that I am aware of all of the risks inherent in Masters Swimming (trail or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION	ning and competition), including possible permanent disability	
tstroke		48	ACTIVITES INCIDENT THERETO, I HEREBY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING INC., THE		
stroke		50	LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPO OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition I agree to	NSORS, MEET COMMITTEES, OR ANY INDIVIDUALS	
style		52			
v Relav	N/A	54,55	DATE SIGNATURE		

Please print seed times clearly. Use a colo

Enter this meet online:

http://www.meetresults.com/nelmscscy/

	Please print seed times clearly. Use a colon between minutes and seconds. A seed time must be listed for each event entered.								
	No.	Entry Time	Event	Entry Time	No.				
		Women	*Cannot swim both 1000 and 1650	Men					
•	Saturday, March 21, 8:00am warm up, 9:00am start								
	1A		1650 Free - Deep End		2A				
	1B		1650 Free - Shallow End		2B				
	ЗA		1000 Free - Deep End		4A				
,	3B		1000 Free - Shallow End		4B				
L	Friday March 27, 8:00am warm up, 9:00am start								
	5		400 Yard Individual Medley		6				
	7		50 Yard Backstroke		8				
	9		200 Yard Freestyle		10				
	11		100 Yard Butterfly		12				
	13		200 Yard Breaststroke		14				
	15,17	N/A	400 Yard Freestyle Relay	N/A	16,17				
	Saturday March 28, 8:00am warm up, 9:00am start								
		N/A	500 Yard Freestyle-Men		18				
	19		200 Yard Butterfly		20				
	21		100 Yard Freestyle		22				
	23,25	N/A	200 Yard Medley Relay	N/A	24,25				
	27		100 Yard Backstroke		28				
	29		200 Yard Individual Medley		30				
	31		50 Yard Breaststroke		32				
	33,35	N/A	200 Yard Freestyle Relay	N/A	34,35				
	Sunday March 29, 8:00am warm up, 9:00am start								
	37		500 Yard Freestyle-Women	N/A					
	39		100 Yard Individual Medley		40				
	41		50 Yard Butterfly		42				
	43,45	N/A	800 Free Relay (unscored)	N/A	44,45				
	47		100 Yard Breaststroke		48				
	49		200 Yard Backstroke		50				
	51		50 Yard Freestyle		52				
/	53,55	N/A	400 Yard Medley Relay	N/A	54,55				

This form can be completed on your computer and printed out using Adobe Acrobat. Please download the original form from the meet web site.