2010 Women's Ivy League Swimming & Diving Championships Blodgett Pool, Harvard University February 25-27, 2010

Meet Personnel and Planning Committee

Director of Athletics	Robert L. Scalise	617-495-2204	scalise@fas.harvard.edu
Meet Director	Tim Wheaton	617-496-2441	twheaton@fas.harvard.edu
Assistant Meet Director	Gary Brown	617-496-8675	gbrown@fas.harvard.edu
Diving Meet Director	TBD		
Meet Operations	Rick Osterberg	617-496-8242	ivies@meetresults.com
Meet Manager	Caitlyn Young	617-495-1089	dha-ops@fas.harvard.edu
Aquatic Facility Operations	George Macmasters	617-495-5512	macmast@fas.harvard.edu
Media Relations	Casey Hart	617-495-2206	chart@fas.harvard.edu
Ivy League Office	Paul Fernandes	609-258-6426	paul@ivyleaguesports.com
Ivy League Office	Megan McHugo	609-258-6426	megan@ivyleaguesports.com
Ivy League Office	Alex Searle	609-258-6426	alex@ivyleaguesports.com
Meet Referee	Priscilla Davis		
Meet Officials	Kevin Curley, Barbar	a Damon, Ed Gardne	er, Paul Kelley, Larry Thomas
Swimming Head Coach	Stephanie Morawski	617-495-1989	morawski@fas.harvard.edu
Diving Coach	Keith Miller	617-496-8790	kdmiller@fas.harvard.edu
Swimming Assistant Coach	Matt Davidson	617-496-8791	mjdavids@fas.harvard.edu
Meet Committee	Diana Caskey (Columbia), Jim Wilson (Dartmouth), Susan Teeter (Princeton),		
	Frank Keefe (Yale), Priscilla Davis (Referee), Tim Wheaton (Meet Director),		
	Diving Meet Director		
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Order of Events

Prelims – Thursday, 11:00am

- 101. 200-yard freestyle relay (time trial)
 - 2. 500-yard freestyle
 - 3. 200-yard individual medley
 - 4. 50-yard freestyle
- 13. 3-meter diving prelims (1:30pm)

Prelims - Friday, 11:00am

- 106. 200-yard medley relay (time trial)
 - 8. 400-yard individual medley
 - 9. 100-yard butterfly
- 10. 200-yard freestyle
- 11. 100-yard breaststroke
- 12. 100-yard backstroke
- 7. 1000-yard freestyle (all but fastest heat, fast-to-slow)

Prelims – Saturday, 11:00am

- 16. 200-yard backstroke
- 17. 100-yard freestyle
- 18. 200-yard breaststroke
- 19. 200-yard butterfly
- 20. 1-meter diving prelims (1:30pm)
- 20. 1-meter diving consolation finals
- 15. 1650-yard freestyle (all but fastest heat, slow-to-fast) (to begin at approx. 4:00pm)

Finals – Thursday, 6:00pm

- 1. 200-yard freestyle relay (timed final)
- 2. 500-yard freestyle
- 3. 200-yard individual medley
- 4. 50-yard freestyle
- 13. 3-meter diving consolation finals
- 5. 400-yard medley relay (timed final)

Finals – Friday, 6:00pm

- 6. 200-yard medley relay (timed final)
- 7. 1000-yard freestyle (fastest heat)
- 8. 400-yard individual medley
- 9. 100-yard butterfly
- 10. 200-yard freestyle
- 11. 100-yard breaststroke
- 12. 100-yard backstroke
- 13. 3-meter diving finals
- 14. 800-yard freestyle relay (timed final)

Finals – Saturday, 6:00pm

- 15. 1650-yard freestyle (fastest heat)
- 16. 200-yard backstroke
- 17. 100-yard freestyle
- 18. 200-yard breaststroke
- 19. 200-yard butterfly
- 20. 1-meter diving finals
- 21. 400-yard freestyle relay (timed final)

Meeting Schedule

Wednesday, February 24, 2010:

3:30pm Diving Coaches Meeting – Blodgett Pool deck

Note: Coaches selected for 1M finals diving panel must stay through Saturday evening.

4:00pm General Coaches Meeting – Hall of History (adjacent to Blodgett Pool entrance)

Drinks and chips will be available.

Thursday scratches will be due at this meeting.

Thursday morning heat sheets will not be available until 1 hour after the meeting.

Entry Information

Entries are due by 6:00pm on Tuesday, February 16, 2010. All possible entries must be listed on the entry form and best times must be submitted. Each team is permitted eighteen (18) competitors as described in the following: an entrant who swims will be counted as one; an entrant who dives will be counted as one-third; an entrant who swims and dives will be counted as one. A competitor is permitted to compete in a maximum of seven events, of which no more than three may be individual events. Coaches may enter competitors in more than three individual events, and may enter more than 18 competitors, as long as they "scratch down" to the appropriate numbers by the scratch deadlines. Divers who will not compete must also be scratched by the appropriate scratch deadline.

Please be sure to specify entry times for your relays in the appropriate area on the entry form, even if the entry time is "NT" (no time). Relays without an entry time may not swim in the meet.

Entries submitted must be best performances attained between September 1, 2009 and February 16, 2010.

Coaches must submit entries using Hy-Tek Team Manager. A Team Manager events file will be distributed to all coaches. You must also submit a copy of your Team Manager entry report (preferably in Adobe PDF format). This report, and your Team Manager entry file, must be sent as an email attachment from the athletic director (or an appropriate substitute) to ivies@meetresults.com. The email received from the athletic director will serve in lieu of a signature, and attest that the athletes on the entry are bona fide and eligible. As an alternative, coaches may email the Hy-Tek Team Manager entries file and entries report directly to ivies@meetresults.com, and fax a signed copy of the entries report to 617-933-7605. The faxed entry report must be signed by the athletic director (or appropriate substitute).

It is important that all aspects of the entry be completed, including the official first name, middle initial, last name, date of birth, and year in school, for each athlete. These values will be used for the purposes of NCAA Proof-of-Performance and USA Swimming NTV submissions. Please be sure to use team roster data that matches registration data in the NCAA times database. The "preferred name" field is to be used for appropriate nicknames, which will be printed on heat sheets and results, and will be the name used for announcing purposes. (I.e., "Deb" instead of "Deborah".)

Coaches are asked to provide additional entry information separately in an email to ivies@meetresults.com, including names of all school officials traveling with the team (all coaches, managers, trainers, sports information contacts, other athletics staff, etc.), name and contact information for hotel accommodation in Cambridge/Boston, coach contact information (email, phone, fax, cell phone), and number of busses, vans and cars traveling with the team.

After the unofficial psych sheet is posted, teams will have 24 hours to challenge entries and correct any clerical errors with no penalty. After 24 hours, no corrections will be accepted.

Automatic Judging and Timing

Daktronics electronic judging and timing will be used throughout the meet. Please note that NCAA regulations require that three watch times be used for NCAA Championship qualifying times in the event of an electronic timing system failure. The host institution will attempt to provide three timers for each lane for each session. We will follow Rule 4, Section 14, Article 6 of the 2010 & 2011 NCAA Swimming and Diving Rule Book regarding the use of electronic relay takeoff equipment.

Championship Format

The Ivy League Swimming and Diving Championships is a three-day individual and team championship, with trials and final competition except in the 1000-yard freestyle, 1650-yard freestyle, 200-yard medley relay, 400-yard medley relay, 200-yard freestyle relay, 400-yard freestyle relay, and 800-yard freestyle relay, which shall be timed final events. All relay events will be swum as timed finals during the evening finals. The 1000-yard freestyle will be swum fastest-to-slowest with the fastest heat swum during the evening finals. All but the fastest heat of the 1000-yard freestyle will swim at the end of the Friday morning preliminaries. The 1650-yard freestyle will be swum slowest-to-fastest with the last heat swum during the evening finals. All but the fastest heat of the 1650-yard freestyle will swim starting approximately 4:00pm on Saturday afternoon. The exact schedule will be posted following the scratch deadline.

In all trials/finals swimming events, the evening finals will consist of a scoring bonus final, consolation final and championship final. Eight lanes will be used for all competition, and 24 places will be scored. Competitors in the Championship Finals, the fastest heats of the 1000 freestyle and 1650 freestyle, as well as the timed finals heats of the relay events, will march-out from the "ready area" immediately before competing.

Rules Governing the Championship

The 2010 & 2011 NCAA Swimming and Diving Rules shall be used for all competition, except as amended in this document or by the Meet Committee. The decision of the Meet Referee shall be final.

The Meet Committee will consist of Diana Caskey (Columbia), Jim Wilson (Dartmouth), Susan Teeter (Princeton), Frank Keefe (Yale), Priscilla Davis (Referee), Tim Wheaton (Meet Director), and the Diving Meet Director. In the case of an appeal, an appeals committee will consist of the head coaches from each of the eight schools. The appealing coach will not have a vote.

Facilities and Equipment

Blodgett Pool features an eight-lane competitive course, which will be used with Kiefer Advantage II lane lines and a Daktronics Timing System with full alphanumeric scoreboard display and relay exchange pads. The racing course has a depth of 7 feet. There is a six-lane warmup course at the far end of the pool. The diving well features two 1-meter boards, two 3-meter boards, and 1-meter, 3-meter, 5-meter and 7.5-meter platforms, and has a water depth of 15 feet.

Scratch Deadlines

Scratches may be submitted to the Meet Director, Assistant Meet Director, Meet Referee, Director of Meet Operations, or Meet Manager. Scratches will only be accepted from coaches or the team's official representative, and must be signed by both the team coach and the appropriate meet official (see above). A receipt form will be used for scratch verification. All entries not scratched by the scratch deadline will become official entries. Coaches will be given a composite scratch form to list all scratches for a particular day. Additional scratches may be made, by the scratch deadline, using individual scratch cards. Diving sheets must be submitted by the appropriate scratch deadlines. Divers who will not dive must be scratched. The scratch deadlines are as follows:

Wednesday, February 24, 4:00pm for all Thursday events (at the beginning of the Coach's Meeting) Thursday, February 25, 6:00pm for all Friday events Friday, February 26, 6:00pm for all Saturday events

We will follow Rule 3, Section 3, Article 4 of the NCAA Swimming & Diving Rulebook regarding scratches for the evening finals. Scratches for evening finals must be made using individual scratch cards, and must be signed by both the team coach and the appropriate meet official (see above). Scratches for finals must be submitted to the appropriate meet official (see above) within 30 minutes of the announcement of the qualifiers for the event.

Time Trials

Time trials will be offered after the preliminaries session each morning. Time trials will start after a 5-minute break following the completion of the last event of the preliminaries. On Thursday, the first time trial event will be the 400 medley relay. On Friday, time trials will take place after the heats of the 1000 freestyle. On Saturday, the first time trial event will be the 400 freestyle relay. Only swimmers participating in the Championship may swim time trials.

The 200 freestyle relay will be offered for time trial as the first event of the Thursday morning preliminary session. The 200 medley relay will be offered for time trial as the first event of the Friday morning preliminary session. Coaches wishing to utilize these two specific time trial opportunities must declare their intention no later than the appropriate scratch deadline for that session.

Coaches are reminded that each competitor, or institution in the case of a relay event, is limited to one time-standard trial per event per meet. (Rule 3, Section 5, Article 2)

Awards

Awards will be presented to the first eight places in individual and relay events. Please see the order of events for the sequencing for awards presentation. Athletes are expected to be in the awards ready area, dressed in official team warmups, for the awards presentation. We will not delay the awards if athletes are not present. The winning team will receive the Frank Keefe Trophy. Additionally, team awards will be presented in the form of silver bowls to the first-, second-, and third-place teams. Bowls will also be presented to the Swimmer of the Meet, Diver of the Meet, Career High Point Swimmer, and Career High Point Diver. A team award will be presented to the Ivy League Dual Meet Champion at the beginning of the Thursday evening finals session.

Diving Format

For both One-Meter and Three-Meter diving, there will be 7 judges for preliminaries and 5 judges for the consolation final and championship final. Any school with an athlete participating in the 1M preliminary must have their diving coach available to serve as a judge for the 1M preliminary and consolation rounds (Saturday afternoon), and 1M championship round (Saturday evening). The judging panels for the consolation and championship rounds will be determined after the completion of the preliminary round.

Three-Meter Diving:

Preliminary: The three-meter preliminary will begin at 1:30pm on Thursday, February 25. Each contestant will perform six optional dives, including one from each of five groups, in any order, without limit on degree of difficulty. Scores on all dives performed by each contestant will be used to determine the ranking at the conclusion of the preliminary round. Contestants finishing 1st through 8th will continue into the final round. Contestants finishing 9th through 16th will continue into the consolation final, but may not advance in finish higher than 9th place. Contestants finishing 17th through 24th have no further opportunity to advance in place.

Consolation Final: The three-meter consolation final will take place during the championship final session on Thursday evening, February 25. The three-meter consolation final will start immediately following the championship final of the 50 freestyle. Each contestant will start with a score of zero. The consolation final will consist of six optional dives, including one from each of five groups, in any order, without limit on degree of difficulty. Scores on all dives performed by each diver in the consolation finals will be used to determine 9th through 16th place. The diving order will be in reverse order of preliminary place finish.

Final: The three-meter final will take place during the championship final session on Friday evening, February 26. The eight finalists will start with a score of zero. The final will consist of six optional dives, including one from each of five groups, in any order, without limit on degree of difficulty. Scores on all dives performed by each contestant in the final will be used to determine 1st through 8th place. The diving order will be in reverse order of preliminary place finish.

One-Meter Diving:

Preliminary: The one-meter preliminary will begin at 1:30pm on Saturday, February 27. Each contestant will perform six optional dives, including one from each of five groups, in any order, without limit on degree of difficulty. Scores on all dives performed by each contestant will be used to determine the ranking at the conclusion of the preliminary round. Contestants finishing 1st through 8th will continue into the final round. Contestants finishing 9th through 16th will continue into the consolation final, but may not advance in finish higher than 9th place. Contestants finishing 17th through 24th have no further opportunity to advance in place.

Consolation Final: Following the one-meter preliminary on Saturday, February 27, after the eight consolation finalists have been identified, there will be a 15-minute break in the competition. Immediately following the break, the consolation final shall begin. Each contestant will start with a score of zero. The consolation final will consist of six optional dives, including one from each of five groups, in any order, without limit on degree of difficulty. Scores on all dives performed by each diver in the consolation finals will be used to determine 9th through 16th place. The diving order will be in reverse order of preliminary place finish.

Final: The one-meter final will take place during the championship final session on Saturday evening, February 27. The eight finalists will start with a score of zero. The final will consist of six optional dives, including one from each of five groups, in any order, without limit on degree of difficulty. Scores on all dives performed by each contestant in the final will be used to determine 1st through 8th place. The diving order will be in reverse order of preliminary place finish.

Team Locker Room and Seating

Teams will be assigned a locker room prior to arriving. Please follow signs to the appropriate locker room. Team seating on the pool deck will be determined at the coaches meeting. Harvard University is not responsible for lost or stolen articles. Valuables should not be kept in the locker rooms. Locks and towels are not available, and personal locks cannot be left on lockers overnight. Glass bottles are not permitted anywhere within Blodgett Pool.

Parking

Team buses and vans should enter the Soldier's Field Athletic Complex via North Harvard Street through Gate 6, which is located at the closed end of the football stadium. Team vans must display meet parking permits at all times while parked. Please send your parking pass requests in along with the completed entries. Spectator parking is available in the Soldier's Field Athletic Complex for \$10 (space-permitting), or in the Harvard Business School lot for \$5.

Facility Availability

Blodgett Pool will be open to meet participants on Wednesday from 9:00am until 9:00pm, and Thursday through Saturday from 6:30am until the end of championship finals.

Hospitality

Bagels, snacks, coffee and juice will be available for coaches, meet personnel and officials in the morning in the Hall of History, adjacent to the Blodgett Pool front entrance lobby. Assorted snacks and juices will be provided in the afternoon. Accessing the hospitality area will require the appropriate credentials.

Medical Treatment

Harvard medical staff will be available to treat all injuries that occur during the event. Any school traveling without a certified athletic trainer or team physician must provide the appropriate documentation from their team physician or certified athletic trainer prior to receiving any treatments (i.e., ultrasounds, electrical stimulation, hot packs, whirlpools). All documentation can be faxed to the Harvard University Athletic Training Room at 617-495-2200. An ice machine will be available on the pool deck throughout the competition. If you have any questions about medical treatment at Harvard, please contact Brant Berkstresser, Athletic Trainer, at 617-495-2200, or via email at bberkstr@fas.harvard.edu.

Sports Information and Media Relations

The official web site for this meet is: http://www.meetresults.com/ivies/
The web site will feature a real-time pool scoreboard feed, real-time webcam, as well as psych sheets, heat sheets, instant results, splits and scores as soon as they are available after each event.

Questions regarding sports information should be directed to the Ivy League (Alex Searle, 609-258-6426, alex@ivyleaguesports.com) or the Harvard Athletics Communications Office (Casey Hart, 617-495-2206, chart@fas.harvard.edu).

Banners

The hanging of banners and signs will be allowed in the pool area under the following restrictions:

- Teams may hang signs and banners on the wall immediately behind their seating area.
- Official team banners should be given to the meet staff on Wednesday. Meet staff will hang official team banners from the metal railings at the bottom of the spectator area. Meet staff reserves discretion in the placement of banners based on size so as not to interfere with deck activities.
- Any other team posters or signs in the pool area will be removed.

Admission

Coaches, participants, managers, trainers, sports information staff, administrative staff, officials and meet personnel will be admitted through the Blodgett Pool lobby main entrance on the ground level. Proper credentials, which will be distributed upon arrival, must be displayed in order to gain access. Spectators and all others must enter Blodgett Pool through the second floor mezzanine level. Groups should contact the Harvard Athletics Ticket Office (617-495-2211, harvtix@fas.harvard.edu) for discounted group admission information.

As has been the case for many years, a section of seats is reserved near the finish line for the host school's team, parents, special guests, and awards presenters. Running the championship on a regular basis is an undertaking for the host school, and this policy is a small reward for that effort. We are fortunate to have an outstanding spectator facility in Blodgett Pool, and there are many excellent vantage points from the stands. We appreciate your conveying this to your parents and fans prior to the event.

Spectator Admission Prices:

All Session (on sale Thursday only, includes one meet program and one heat sheet per session):

Adult: \$30

Single Session: Adult: \$4 prelims, \$6 finals

Children (under 12): \$1 prelims, \$3 finals

Harvard students (with valid ID): free

Visiting students (with valid ID): \$1 prelims, \$3 finals

Session heat sheets: \$1 Meet program: \$1

Senior Recognition

The senior recognition will take place at the beginning of the Saturday evening finals. Seniors will be asked to gather in the awards ready area at 5:50pm in their official team sweats. All seniors on a team's roster at the time of the championship will be recognized, and those who are in attendance will be invited to participate in the senior recognition.

2010 Women's Ivy League Swimming and Diving Championships Evening Finals: Sequence of Events

THURSDAY NIGHT

5:50pm Clear pool, introductions, anthem 6:00pm Championship finals starts

Dual Meet Champion award presentation

Parade: 200 free relay Timed final: 200 free relay

Bonus finals: 500 freestyle Consolation finals: 500 freestyle Parade finalists: 500 freestyle Championship final: 500 freestyle

Awards: 200 free relay

Bonus finals: 200 IM Consolation finals: 200 IM Parade finalists: 200 IM Championship final: 200 IM

Awards: 500 freestyle

Bonus finals: 50 freestyle Consolation finals: 50 freestyle Parade finalists: 50 freestyle Championship final: 50 freestyle

3M diving consolation finals

Awards: 200 IM Awards: 50 freestyle

Parade: 400 medley relay Timed final: 400 medley relay

FRIDAY NIGHT

5:50pm Clear pool, introductions, anthem 6:00pm Championship finals starts

Parade: 200 medley relay Timed final: 200 medley relay

Awards: 400 medley relay

Parade fastest heat: 1000 freestyle Timed final: 1000 freestyle (fastest heat)

Awards: 200 medley relay

Bonus final: 400 IM Consolation final: 400 IM Parade finalists: 400 IM Championship final: 400 IM

Awards: 1000 freestyle

Bonus final: 100 butterfly Consolation final: 100 butterfly Parade finalists: 100 butterfly Championship final: 100 butterfly

Awards: 400 IM

Bonus final: 200 freestyle Consolation final: 200 freestyle Parade finalists: 200 freestyle Championship final: 200 freestyle

Awards: 100 butterfly

Bonus final: 100 breaststroke Consolation final: 100 breaststroke

Awards: 100 butterfly

Parade finalists: 100 breaststroke Championship final: 100 breaststroke

Awards: 200 freestyle

Bonus final: 100 backstroke Consolation final: 100 backstroke Parade finalists: 100 backstroke Championship final: 100 backstroke

Parade finalists: 3M diving Awards: 100 breaststroke

Championship final: 3M diving

Parade: 800 free relay Timed final: 800 free relay

SATURDAY NIGHT

5:50pm Clear pool, introductions, SENIOR RECOGNITION, anthem 6:00pm Championship finals starts

Awards: 100 backstroke Awards: 3M diving

Parade fastest heat: 1650 freestyle Timed final: 1650 freestyle (fastest heat)

Awards: 800 free relay

Bonus final: 200 backstroke Consolation final: 200 backstroke Parade finalists: 200 backstroke Championship final: 200 backstroke

Awards: 1650 freestyle

Bonus final: 100 freestyle Consolation final: 100 freestyle Parade finalists: 100 freestyle Championship final: 100 freestyle

Awards: 200 backstroke

Bonus final: 200 breaststroke Consolation final: 200 breaststroke Parade finalists: 200 breaststroke Championship final: 200 breaststroke

Awards: 100 freestyle

Bonus final: 200 butterfly Consolation final: 200 butterfly Parade finalists: 200 butterfly Championship final: 200 butterfly

Parade finalists: 1M diving Awards: 200 breaststroke

Championship Final: 1M diving

Awards: 200 butterfly

Parade: 400 free relay Timed final: 400 free relay

Awards: 1M diving Awards: 400 free relay Diver of the meet award Swimmer of the meet award Career high point diver award Career high point swimmer award

Team trophy presentation