

# 2012 New England LMSC Long Course Meters Championship

Sunday, June 3, 2012, Harvard University, Boston MA

Sanctioned by NE-LMSC for USMS, Inc.: Sanction Number 022-S005

All USMS members can enter online:  
<http://www.meetresults.com/nelmsclcm/>

Save \$5.00! Enter online:  
<http://www.meetresults.com/nelmsclcm/>

Please print seed times clearly. Use a colon between minutes and seconds.

A seed time must be listed for each event entered.

No.	Entry Time	Event	Entry Time	No.
	Women		Men	
Sunday, June 3, 8:00am warm up, 9:00am start				
1		100 Meter Freestyle		2
3		200 Meter Butterfly		4
5		50 Meter Backstroke		6
7		100 Meter Breaststroke		8
9		50 Meter Freestyle		10
11		200 Meter Backstroke		12
13	N/A	400 Meter Medley Relay	N/A	13
15		100 Meter Butterfly		16
17		50 Meter Breaststroke		18
19		200 Meter Individual Medley		20
21		100 Meter Backstroke		22
23		200 Meter Freestyle		24
25		50 Meter Butterfly		26
27		200 Meter Breaststroke		28
29	N/A	400 Meter Free Relay	N/A	29

Maximum of five individual events, plus relays

## PLEASE ENTER LONG COURSE METERS (LCM) SEED TIMES

### ENTRY LIMIT

You may enter a maximum of five (5) individual events, plus relays.

Name: \_\_\_\_\_ Sex:  Male  Female  
 Emergency Contact Name and Phone: \_\_\_\_\_  
 Age on 12/31/12 \_\_\_\_\_ DOB: \_\_\_\_\_ Phone: \_\_\_\_\_  
 E-Mail: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 2012 USMS Number: \_\_\_\_\_  
 New England Masters-Workout group: \_\_\_\_\_  
**Note: If you are a member of NEMSC and are not sure of the name of your workout group, go to the meet web site (listed below) to find the official name and/or abbreviation.**  
 Great Bay Masters     Maine Masters Swim Club     Mt. Holyoke College Masters  
 South Coast Masters     Simon's Rock Pace Makers     Wellesley Masters  
 West Side Swim Club  
 Other club name: \_\_\_\_\_ LMSC: \_\_\_\_\_

**Note: All swimmers must attach a copy of your 2012 USMS card to this form.  
 ALL INFORMATION IS REQUIRED FOR AN OFFICIAL ENTRY.  
 INCOMPLETE FORMS WILL BE ASSESSED A \$5 PROCESSING FEE.**

Save \$5.00! Submit your entry online: <http://www.meetresults.com/nelmscscy/>

Meet entry fee (enter online to save \$5) = \$ 20.00  
 # Individual events \_\_\_ X \$5.00 = \$ \_\_\_\_\_  
 Total (payable to Cambridge Masters SC) = \$ \_\_\_\_\_  
*No refunds will be issued for any reason.*

**Mail To:**  
 NE LMSC LCM Entries  
 PO Box 380782  
 Cambridge, MA 02238  
[nelmsclcm@meetresults.com](mailto:nelmsclcm@meetresults.com)

### ENTRIES WILL STOP AT 500 SWIMMERS!

Entries will be accepted until we reach 500 swimmers, or May 25.  
 We reserve the right to close entries early based on the projected timeline.

**MEET SIZE CAP PROCEDURE:** The meet will be FULL at 500 swimmers. Whenever we reach 500 swimmers, we will stop accepting entries that day. We reserve the right to close entries early based on the projected timeline. Please check the web site.  
**LATE ENTRIES:** No late entries will be accepted.

**RELEASE:** I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition I agree to abide by and be governed by the rules of USMS.

DATE \_\_\_\_\_ SIGNATURE \_\_\_\_\_

If you submit a paper entry form, please send it via overnight Express Mail and keep your tracking number. First Class mail has no delivery guarantee.