# 2001 New England Masters Long Course Meet Saturday August 4, 2001

Sanctioned by New England LSMC for USMS Number 032-009-SLCM

### Warm-ups 8:30 AM, Meet Begins at 9:30 AM

#### Pool

Harvard University Blodgett Pool, site of several EISL championships and the 57<sup>th</sup> NCAA Swimming and Diving Championship. 50 meter by 25 yard pool. Electronic timing and scoreboard. Deck space for 500 swimmers, coaches, officials, and spectator seating for 1200.

#### Directions

From the North take 1-93 to Storrow Drive Exit. Proceed west for about 5 miles. Exit at Harvard Square/N.Harvard St. At top of exit, turn left on N. Harvard Street. Approx ¼ mile on your right will be Blodgett Pool. Turn left into the Harvard Business School Lot entrance which is the second gate on the left just past the pool. From the South/West. Take MA Pike (I-90) to Allston/Cambridge Exit (Westbound Exit 20, Eastbound Exit 18) bear right at fork afterward tool booth towards Cambridge. At second light (Doubletree Suites will be on your right) proceed to a left turn on to Storrow Drive Westbound for about 1 mile. Exit at Harvard Square/N Harvard Street and follow directions for North.

## **ORDER OF EVENTS**

Swimmers may enter a maximum of five individual events

1. 400 Freestyle	7.	100 Freestyle	13.	100	Butterfly
2. 400 Medley Relay	8.	200 Butterfly	14.	50	Breaststroke
3. 200 Individual Medley	9.	200 Backstroke	15.	50	Freestyle
4. 100 Backstroke	10.	100 Breaststroke	16.	400	Freestyle Relay
5. 50 Butterfly	11.	200 Freestyle	17.	400	Individual Medley
6. 200 Breaststroke	12.	50 Backstroke			

#### Eligibility

2001 registered United States Masters Swimming (USMS) swimmers 19 years or older as of July 25, 2001. Also, 2001 registered masters swimmers from other countries.

#### Rules

2001 USMS rules apply. Note that for purposes of this competition your age as of December 31, 2001 shall be determine your age group for this meet.

#### Entries

Maximum of five individual events. Entries must be received by July 25<sup>th</sup> or postmarked by July 20th. You must include a seed time for each entered event. Enclose a stamped and self-addressed envelope if you want confirmation of your entry. Mail your entry form, copy of your 2001 USMS card, and check payable to NEMSC to:

Bob Seltzer c/o Meta Software Corporation 125 CambridgePark Drive , Cambridge, MA 02140 617-576-1203 phone; 617-661-2008 fax e-mail: seltzer@metasoft.com

#### **Heat Seeding**

All events will be seeded slow to fast, men and women combined in seven lanes, allowing one lane for continuous warn-up/swim-down. All individual events will be pre-seeded except for the 400 Free and 400 IM which will be deck seeded. Swimmers must confirm their entries for the 400 Free and 400 IM by 8:45 a.m. .Positive check-in must be done in person. Swimmers may designate a person to check them in for the day's events if their travel plans do not allow for personal appearance by the above deadlines.

#### Awards

Medals for 1<sup>st</sup> through 3<sup>rd</sup> places and ribbons for 4<sup>th</sup> to 8<sup>th</sup> place by age group.

#### Hotels

The Double Tree Suites is 1.5 miles from the pool. They have a shuttle to Harvard Square. (617-738-0090 about \$180 for up to three people) The Suisse Chalet is 4 miles from the pool and a 10 minute walk to the T that runs to Harvard Square (617-661-7800 about \$100 for three people).

#### Relays

Relay swimmers must be individually entered in the meet. Relays will be deck entered at the meet. Relay entry forms will be provided and must be submitted. Swimmers must confirm their entries for the 400 Medley Relay by 8:45 AM and for the 400 Free Relay before the first heat of the 200 free. Relays will be organized according to the aggregate age of relay members: 76-99, 100-119, 120-159, 160-199, ...(40 year increments as required).

#### **BBQ/Social**

The Cambridge Masters Swim Club will host a post meet BBQ shortly after the last individual event. All meet participants are invited to the BBQ at no charge but are encouraged to contribute to the food and/or soft drinks.

#### **For More Information**

Contact: Call Bob Seltzer at 617-576-1203 or fax 617-661-2008. To add name to meet e-mail distribution list send message to: seltzer@metasoft.com Also pre-meet information will be available on NEM web page: <a href="https://www.swimnem.org">www.swimnem.org</a>