

2013 New England LMSC Short Course Yards Championship

March 16 & March 22-24, 2013, Harvard University, Boston MA

All USMS members can enter online:
<http://www.meetresults.com/nelmsscscyl>

Sanctioned by NE-LMSC for USMS, Inc.: Sanction Number 023-S006

Save \$5.00! Enter online:
<http://www.meetresults.com/nelmsscscyl>

Please print seed times clearly. Use a colon between minutes and seconds.

A seed time must be listed for each event entered.

Max One Event

Maximum of four individual events per day, plus relays

No.	Entry Time Women	Event	Entry Time Men	No.
Saturday, March 16, 8:00am warm up, 9:00am start				
1A		1650 Free - Deep End		2A
1B		1650 Free - Shallow End		2B
3A		1000 Free - Deep End		4A
3B		1000 Free - Shallow End		4B
Friday March 22, 8:00am warm up, 9:00am start				
5		400 Yard Individual Medley		6
7		100 Yard Breaststroke		8
9		200 Yard Butterfly		10
11		50 Yard Backstroke		12
13		200 Yard Freestyle		14
15,17	N/A	400 Yard Medley Relay	N/A	16,17
Saturday March 23, 8:00am warm up, 9:00am start				
	N/A	500 Yard Freestyle-Men		18
19		50 Yard Breaststroke		20
21		100 Yard Individual Medley		22
23,25	N/A	400 Yard Freestyle Relay	N/A	24,25
27		200 Yard Backstroke		28
29		50 Yard Freestyle		30
31		100 Yard Butterfly		32
33,35	N/A	200 Yard Medley Relay	N/A	34,35
Sunday March 24, 8:00am warm up, 9:00am start				
37		500 Yard Freestyle-Women	N/A	
39		50 Yard Butterfly		40
41		100 Yard Freestyle		42
43		200 Yard Breaststroke		44
45,47	N/A	800 Free Relay (unscored)	N/A	46,47
49		200 Yard Individual Medley		50
51		100 Yard Backstroke		52
53,55	N/A	200 Yard Freestyle Relay	N/A	54,55

Name: _____ Sex: Male Female

Emergency Contact Name and Phone: _____

Age on 3/24/13 _____ DOB: _____ Phone: _____

E-Mail: _____

Address: _____

2013 USMS Number: _____

New England Masters-Workout group: _____

Note: If you are a member of NEMSC and are not sure of the name of your workout group, go to the meet web site (listed below) to find the official name and/or abbreviation.

Great Bay Masters Maine Masters Swim Club Northeastern Univ. Masters
 South Coast Masters Simon's Rock Pace Makers Wellesley Masters

Other club name: _____ LMSC: _____

**Note: All swimmers must attach a copy of your 2013 USMS card to this form.
 ALL INFORMATION IS REQUIRED FOR AN OFFICIAL ENTRY.
 INCOMPLETE FORMS WILL BE ASSESSED A \$5 PROCESSING FEE.**

Save \$5.00! Submit your entry online: <http://www.meetresults.com/nelmsscscyl>

Shallow-End 1650 and 1000 Freestyle: Swimmers who enter the shallow-end 1650 or 1000 freestyle (events 1B, 2B, 3B, 4B) agree to swim the event in the shallow end with an in-water start. Shallow-end 1650/1000 entries may take a \$2 entry fee credit.

Meet entry fee (enter online to save \$5) = \$ 30.00
 # Individual events ____ X \$5.00 = \$ _____
 Shallow end 1000/1650 (\$2 credit) = \$ _____
 Total (payable to Cambridge Masters SC) = \$ _____
No refunds will be issued for any reason.

Mail To:
 NE LMSC SCY Entries
 PO Box 380782
 Cambridge, MA 02238
nelmsscscyl@meetresults.com

ENTRIES WILL STOP AT 900 SWIMMERS!
 Entries will be accepted until we reach 900 swimmers, or Feb. 21.

MEET SIZE CAP PROCEDURE: The meet will be FULL at 900 swimmers. Whenever we reach 900 swimmers, we will stop accepting entries that day. Please check the web site.
LATE ENTRIES: After February 21, if the meet is not full, you may submit an entry form with an additional \$20 late entry penalty. Late entries must be received by 6pm, Friday March 8, and *must* include a valid 2013 USMS card. Please check the web site first.

RELEASE: I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all of the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition I agree to abide by and be governed by the rules of USMS.

DATE _____ SIGNATURE _____

If you submit a paper entry form, please send it via overnight Express Mail and keep your tracking number. First Class mail has no delivery guarantee.